

Aitkin Health Services
Social Accountability Statement 2010

At Aitkin Health Services, we strive to make the town of Aitkin a great place to live. With our relationships in the community, we encourage participation in the lives of our residents through volunteering, partaking in social events and an active connection with those in our surrounding area.

Our Mission: We are committed to express *Christ's* message of love and hope by providing for health, residential, community, and allied services in a holistic, competent, and caring manner that recognizes the value and dignity in every human life.

St. Francis Health Services owns and operates Aitkin Health Services and is sponsored by the Catholic Diocese of St. Cloud. With our sponsorship, we agree to uphold the Ethical and Religious Directive for Catholic Health Care services. These directives assist our facility in making decisions in how and what type of care we provide.

<i>Core Values:</i>	
<i>Integrity</i>	We faithfully adhere to high principles and professional standards.
<i>Commitment</i>	We dedicate ourselves to those we serve.
<i>Respect</i>	We value and treat each individual with compassion and dignity.
<i>Excellence</i>	We have the passion to do our best.
<i>Service</i>	We deliver what has not been done, before it is expected.
<i>Stewardship</i>	We wisely employ the talents, resources, and relationships entrusted to us.

Providing Quality Care and Services for Older Adults

On average Aitkin Health Services cares for 48 individuals, with about 80% from the Aitkin/Crosby area. Many individuals use our services for recuperation from surgery and/or short-term rehab. Often, those individuals stay with us for 1-3 months.

Our Physical, Occupational and Speech Therapy Department aid residents in rehabilitation, and provide them the opportunity to return home, or to a more independent setting. We are able to provide therapies for:

- Orthopedic Injuries
- Back and Neck Injuries
- Amputations
- Spinal Dysfunction
- Chronic Pain
- Stroke
- Hip Fractures

- Speech Disorders
- Swallowing Disorders
- Post-Surgical Conditions
- Neurological Disorders
- Outpatient Therapies

AHS provides many types of specialized care to our residents. Some of these services are:

- Wound Treatment
- Ostomy Care
- Post-surgical Care
- Post-CVA (stroke)

In addition to medical services, Aitkin Health Services offers a wide variety of social activities including live music most afternoons. As always, the public is invited. These and other activities are individually tailored to meet the needs of each resident. Psychosocial, physical, spiritual and mental needs are addressed by a variety of interactive activities.

Recognizing Spiritual Needs and Individuality

Upon admission, each resident is addressed for his or her spiritual history and needs. Many of our local parishes and churches offer services within our facility. We have an on-call volunteer chaplain who provides visitation, memorial services and spiritual counseling. Area congregations include:

- St. James Catholic Church
- Westside Baptist Church
- Rossberg and Ceaderbrook Lutheran
- Aitkin and Pine Lake Chapel United Methodist
- Aitkin Assembly of God
- Glory Baptist
- Kimberly Community
- Seventh Day Adventist
- Bethlehem Lutheran
- St. John's Lutheran
- Shepherd of the Lake Lutheran
- First Lutheran Church
- Mass by Fr. Fish

Providing Access to Educational Opportunities

This year, Aitkin Health Services has budgeted over 1,500 to offer staff in scholarships to further their education at the local colleges by paying the cost of tuition and books. Scholarships can be for those obtaining Licensed Practical Nursing (LPN) and Registered Nursing degrees, and Dietary Manager Certification.

We have a computer available in our family room for the use of residents and family members.

AHS offers staff members the opportunity to attend over 15 different training programs each year. Some of the topics covered in these training sessions include:

- Infection Control Practices
- Disaster Planning
- Abuse and Neglect Prevention
- Proper Lifting Procedures
- Fire Safety
- Alzheimer's/Dementia Training

AHS has attended both the Aitkin and Crow County Commerce and Industry Shows.

AHS will be attending health career fairs in both Aitkin and Crow Wing Counties.

AHS assists the local colleges with on-site training programs, and yearly we have LPN students doing on-site training with the residents we serve.

AHS is also working with Aitkin High School's Health Careers class and will have students once a year viewing various health careers in our setting.

Employees of AHS have the opportunity to attend multi-session leadership training that is sponsored by the parent corporation, St. Francis Health Services of Morris, MN. The World Class Leadership program facilitates this education, with training is offered on a yearly basis.

Helping Community Members in Need

In the past year, AHS has given to the following community organizations:

- Aitkin County Relay for Life

AHS is also involved in providing meals to Blackrock Senior Housing Residents.

Once a year AHS sponsors the community meal in Aitkin, serving over 100 meals to members in need.

AHS regularly sponsors advertising in,

- Aitkin Age-weekly newspaper
- Briarerd Dispatch
- Hopper

Serving as Active Community Members

AHS supports many organizations within the community, and is a member of the Aitkin Chamber of Commerce.

Volunteerism

Over the past year, nearly 100 volunteers have donated approximately 8,782 hours to the residents of Aitkin Health Services. Volunteers assist the facility with activities, special celebrations, setting hair, outside activities, one-on-one interaction with the residents, and fundraising.

Promoting Economic Development

Aitkin Health Services purchases products and services with many local businesses. Last year AHS purchased thousands of dollars in goods and services from the local businesses listed below.

- Aitkin Dairy
- Aitkin Rental Car
- Aitkin Motor Company
- Auto Value
- Pamida Drug
- Paulbeck's Country Market
- MLEC
- Gravelle Heating and Plumbing
- Dairy Queen
- Rosallini's
- Cummings Oil
- Dutch's Electric
- Family Dollar
- Ritter & Ritter Sewer
- Aitkin Flowers and Gifts
- Aitkin Independent Age
- Aitkin Post Office
- Charter Communications
- Marathon Gas Station
- Onvoy
- Forty Club Restaurant and Bar
- 40 Club convention center
- Garrison Disposal
- Hyytinene Hardware Hank
- KGPZ Radio
- Office Shop/Radio Shack
- Thrifty White Drug
- William Stein DDS
- Village Laundromat
- Stevo's Lawn Care
- Service Masters
- Village Electric Motor Service
- Ritter Snow Removal

Of the 66 employees at Aitkin Health Services, 41 are Aitkin/McGregor residents.

Each year AHS pays approximately \$1,370,000 in wages and benefits to our staff.

For More Information

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