

Guardian Angels Health and Rehabilitation Center
Social Accountability Statement 2009

Guardian Angels is located in Northern Minnesota in the community of Hibbing, a town of 17,071 people. Known for its Iron mining history, Hibbing is the home of the Greyhound bus industry and Bob Dylan. There are numerous winter and summertime recreation activities available in Hibbing, such as hiking, golfing and fishing in the old mine pits, or “pit lakes.”

Our Mission: We are committed to express *Christ’s* message of love and hope by providing for health, residential, community, and allied services in a holistic, competent, and caring manner that recognizes the value and dignity in every human life.

St. Francis Health Services controls and operates Guardian Angels Health and Rehabilitation Center and is sponsored by the Catholic Diocese of St. Cloud. We are dedicated to promoting the Ethical and Religious Directive for Catholic Health Care services.

<i>Core Values:</i>	
<i>Integrity</i>	We faithfully adhere to high principles and professional standards.
<i>Commitment</i>	We dedicate ourselves to those we serve.
<i>Respect</i>	We value and treat each individual with compassion and dignity.
<i>Excellence</i>	We have the passion to do our best.
<i>Service</i>	We deliver what has not been done, before it is expected.
<i>Stewardship</i>	We wisely employ the talents, resources, and relationships entrusted to us.

Guardian Angels believes in a resident centered, hospitality care model. Our focus and commitment of is to continue to serve the health care demands and lifestyles of today's older adults with compassion and excellence.

Providing Quality Care and Services for Older Adults

In an average year, Guardian Angels cares for approximately 280 residents. Often the percentage of residents from Hibbing and the surrounding communities is greater than 98%.

Guardian Angels offers services in:

- 24 Hour Skilled Nursing Care
- Postoperative Transitional Care/Subacute Care
- Physical, Occupational & Speech Therapy (Inpatient & Outpatient)
- Pain Management
- IV Therapy
- Wound Therapy
- Diabetic Teaching

- Nutritional Education
- Spiritual Care

Guardian Angles offers many social opportunities. Activities include therapeutic value to specific resident needs both in physical activity groups and cognitive activity groups:

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| • Lift to Function | • Pokeno |
| • Remember to Function | • Bingo |
| • Balloon Volleyball | • Mind Jogging |
| • Ladder Golf | • Remember When |
| • Bowling | • Trivia |
| • Wii System | • Just Baking |
| • Men's Group | • Craft/Art |
| • Beauty Care | • Movie Night |
| • Happy Hour | • Lawrence Welk Night |
| • Music Night | • Sensory Moments |

Informal groups can be conducted through Activity Centers on each unit. Music and television with DVD players are used daily. Guardian Angels maintains social areas such as a coffee room for visiting, reading and just relaxing. There are also monthly events including a fried bread day, a resident birthday party, various outings and seasonal events.

Recognizing Spiritual Needs and Individuality

Guardian Angels is a spiritual care community. Spiritual care is an integral part of holistic resident care. Guardian Angels has an active Spiritual Care Committee to insure that we fulfill our Catholic and spiritual mission. St. Francis Health Services, which owns and operates Guardian Angels, is sponsored by the Catholic Diocese of St. Cloud. With our sponsorship, we agree to uphold the Ethical and Religious Directives for Catholic Health Care Services. We have two Deacons on staff to provide support and guidance to our residents and staff. Worship and bible study are provided.

Providing Access to Educational Opportunities

Education is a high priority in health care and for Guardian Angels. Providing opportunities to further education and learn new information and skills is essential to providing quality, comprehensive, and holistic resident care.

Guardian Angels acts as an education site for clinical and internship programs through the Hibbing Community College and through Northeast Minnesota Area Health Education Center.

Helping Community Members in Need

- AEOA Over 55 Program

- Summer Health Care Intern Program
- Challenge Incarceration Program
- Food Shelf Food Drive
- Matter of Balance Falls Training

Serving as Active Community Members

- Occupational Development Center, Inc.
- Community Healthcare Area Leader's Meeting
- VFW
- Lion's Club
- Moose Club
- Hibbing Healthy Lifestyles Coalition
- HealthForce Minnesota Regional Incentive Grant Partner
- HCC Gerontology Program Ad Hoc Advisory Committee

Volunteerism

We currently have over 85 individuals and groups on our roster that enrich the programs and services provided to our residents, including support of our faith community.

Weekly Worship Services
 Pastoral Care and Grief Support
 Catholic Communion
 Spiritual Enrichment Groups
 Gospel Singers
 Memorial Services
 Range Youth In Action
 National Honor Society
 Assumption School
 Women's Bible Study
 Salvation Army Holiday Gift Program

There are currently eight monthly music events done on a volunteer basis by various individuals or groups, with others on an as needed basis for special events, holidays or informal events.

Promoting Economic Development

Guardian Angels purchases products from the local business spending approximately \$290,000 each year. Businesses Guardian Angels routinely purchases from include:

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| • A-1 Refrigeration Services | • Office North Inc | • SIM Supply Inc. |
| • Arrowhead Transit Inc. | • Hart Electric Inc. | • Wally's Drain Cleaning |
| • Anderson Furniture | • Hibbing Chamber of Commerce | • Excel Business Systems |
| • C&J Interiors | • Hibbing Park Hotel | |

- Erickson Lumber & Fuel
- Hibbing Daily Tribune
- Lowe's
- Fraboni's
- L&M Supply Inc.
- Paolo Oil Company
- Hibbing Public Utilities
- Range Cornice Heating & Sheet Metal
- Iron Range Carpet Cleaning

There are 160 employees working for Guardian Angels. Most of these employees are from the Hibbing, Nashwauk and Chisholm areas.

Each year Guardian Angels pays approximately \$ 4,600,000 in wages and benefits to staff members who work for our organization.

For More Information	
Facility Information	Guardian Angels Health and Rehabilitation Center 1500 East Third Avenue Hibbing, MN 55746 Phone: (218) 263-7583 Fax: (218) 231-8102 Web Site: http://www.guardianangels.sfhs.org/
Administrator	June Schelde, Administrator Phone: (218) 231-8106 Email: jschelde@guardianangels.sfhs.org
Director of Nursing	Cami Peterson-DeVries, Director of Nursing Phone: (218) 231-8110 Email: CPeterson-DeVries@guardianangels.sfhs.org
Admissions Information	Kim Hanson Phone: (218)231-8104 Email: khanson@guardianangels.sfhs.org