



# TRINITY Campus Connection

Spring

2009

## ADMINISTRATIVE JOTTINGS

Is it a coincidence that the state legislature establishes the state budget during National Senior Citizen Month? We continue to read in the newspaper how health care costs are so far out of line, growing explosively. I hope the readers realize that these increases have not been due to the rates nursing homes receive. Why are nursing homes so regulated when other areas of the health care spectrum seem to escape the legislative knife? Look back the twenty years at the costs of drugs. Each year the drug bill for Medicare has increased at a double-digit amount, often approaching 14%. Nursing home rates have increased at less than 2% per year since 2002, not even keeping up to inflation.

I have been beating the drums since I have been at Trinity Care Center seeking to get our rates increase at an appropriate amount to allow us to give adequate increases to our employees and cover our increased costs. I am amazed how little respect the state has for providers of needed care services. It seems that the state has determined that there are too many nursing homes and to resolve the problem they are funding homes at a bankruptcy inducing level. Already 60 homes have closed around the state since 1992.

Even more tragic, the people that have dedicated their lives to providing care to frail elderly are being reimbursed at 20% less that they were in 2002, when the purchasing power of their salaries are considered.

It's time to elect legislators who really care for our elderly. Hubert Humphrey once said that society should be judged on how it cares for its children and elderly. This society will not be judged well. It's time to stop protecting drug companies and put money into caring for our frail elderly.

Sincerely,

Rich Ludwig, Administrator  
Farmington Health Services



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# CARE CENTER NEWS

## Guardian Angel Program

Trinity Care Center is excited to announce our "Guardian Angel" Program. This program pairs up each of our residents and/or their family with a staff member. We check in with any new resident within 1-2 days of their arrival to let them know who we are and that we are their "Guardian Angel." We also keep in close contact with them to see how things are going throughout their stay; whether it be 5 days or 5 months. We encourage them to seek us out if they have questions or concerns. We get to know them and develop a relationship that helps foster their trust in us.



## ...From the Terrace

Over 50 people attended our first ever "Champagne & Chocolates" event on Valentine's Day at Trinity Terrace. Fine chocolate tasting and several kinds of sparkling wines and juices were enjoyed by all along with tours of our lovely building. We hope to make this an annual public event!

Trinity Terrace has one and two bedroom apartments available for rent. We are a housing with services facility providing meals and housekeeping along with activities and scheduled events. Look for us to be adding many home health services requested by our tenants. Details available soon! Contact the manager of Trinity Terrace at 651-460-1104 for a tour and more information.

## Short Term Rehab

Trinity continues to be a facility of choice for patients that need short term rehabilitation services after a hospital stay. Those patients having knee and hip surgeries as well as many other medical procedures often need a little more therapy before returning home and Trinity Care Center is able to provide that. Our therapy department includes physical, occupational and speech therapists. Patients are able to utilize their Medicare benefits for this as well as many managed care health insurance plans. We have mostly private rooms, which provide adequate privacy when you are recuperating. For questions, please call Robin Bisel, social services/admissions coordinator at 651-460-1155 or Sue Holmquist, Rehabilitation Director at 651-460-1173.

## ... From the

## ACTIVITIES DEPARTMENT

Finally, into the summer months of Minnesota! We love this time of year in activities as we get to get outside and enjoy the sunshine with our residents. Our **OUTINGS** this summer will include the Dakota County Fair, Cracker Barrel, Bugaloos, DQ, Treasure Island, Farms, Fishing, the Minnesota Zoo, BBQ's and much more. We just have a blast!

We are hosting our **SPRING GARAGE SALE** on June 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup>. It will be located at the former Anna's Banana's behind the Care Center. The address is 901 Elm Street. If you would like to donate items or have questions, please call Joy at 651-460-1166.

Please know that you can either contact the activities department via phone OR e-mail. We love to hear back from you all and I'd like to take this time to extend our everlasting **THANKFULNESS** to you all for your support!

Joy, Susan and Pastor Bob  
651-460-1166

[jlauterbach@trinity.sfhs.org](mailto:jlauterbach@trinity.sfhs.org)



## TRINITY UPCOMING EVENTS:

**June 4th, 5th & 6th  
SPRING GARAGE SALE**  
901 Elm Street.

If you would like to donate items  
or have questions, please call  
Joy at 651-460-1166.

# HUMAN RESOURCES/STAFF DEVELOPMENT

## *How to access your SelectAccount information 24 hours a day:*

Register for an online account. Registering is free and confidential. You can be confident that your information is secure and protected. It only takes a few minutes to register. Just follow these simple steps:

1. Log onto [www.selectaccount.com](http://www.selectaccount.com) and then click "Register" on the right side of the page.
2. Enter your name, birth date, SelectAccount ID number and the PIN number that was mailed to you.

If you do not have a PIN, contact our customer service number at (651) 662-5065 or toll free at 1-800-859-2144 from 7 a.m. to 7 p.m. Central time, Monday through Friday. Once you create a unique user name and password, you will no longer need your PIN number.

--Article from SelectAccount



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## STAFF RECOGNITIONS

We are pleased to announce the recipient of the  
**4<sup>th</sup> Quarter 2008 Farmington Health Services'**  
**Employee of the Quarter.....**

*Jo Tange*

The following employees were also  
nominated during quarter three 2008:

*Sheryl Bailes  
Jenny Barton  
Christina Bonella  
Susan Bradley  
Jackie Brula  
Tammy Bussian  
Tanya Harmer  
Linda Mock  
Tammy Riley  
Amber Wise*

These recipients will receive...  
\$100 bonus

Employee of the Quarter parking  
Employee of the Quarter plaque

We are pleased to announce the recipient of the  
**1<sup>st</sup> Quarter 2009 Farmington Health Services'**  
**Employee of the Quarter....**

*Susan Bradley*

The following employees were also  
nominated during quarter one 2009:

*Troy Ayers  
Susan Bradley  
Jessica Donovan  
Kathy Friedrich  
Billie Jo Goskeson  
Linda Hastreiter  
Page Laubach  
Carol Montayne  
Kathy Sanchez  
Juanita Turner  
Sherri Wisnoski*

We would like to thank all of our staff for  
providing exceptional care to our residents.

*Please remember to vote for the individual, or individuals,  
who you feel make a difference here at Farmington Health  
Services. The ballots are located at the front Nurses' Station.*

## Recipe of the Month - Necktie Cake

### Cake

1 cup water  
 ½ cup cocoa  
 1 cup butter or margarine  
 2 cups of flour  
 1 ¾ cups sugar  
 1 tsp baking soda  
 ½ tsp salt  
 2 eggs  
 ½ cup sour cream  
 1 tsp vanilla

### Frosting

6 Tbsp butter or margarine,  
 softened  
 2 ⅔ cups confectioner's  
 sugar  
 ½ cup cocoa  
 4-6 Tbsp milk  
 1 tsp vanilla

### To make cake:

- 1) Place water and cocoa in medium microwave-safe bowl. Stir and add butter. Microwave on high four minutes, stirring after each minute until mixture boils. Cool slightly.
- 2) In large bowl, stir together flour, sugar, baking soda and salt. Stir in cocoa mixture. Add eggs, sour cream and vanilla. Beat on medium speed of electric mixer until well blended.
- 3) Pour batter into greased and floured 13" x 9" baking pan. Bake at 350 for 35-40 minutes or until done. Let cool.

### To make frosting:

- 1) Beat butter until creamy. Add confectioner's sugar and cocoa alternately with milk. Beat to spreading consistency. Stir in vanilla.
- 2) Ice cake in or out of pan. Use decorating icing to make tie design on the cake.

## Trinity Campus Contacts

Richard Ludwig, Administrator	651-460-1138
Kim Holland, Director of Nursing	651-460-1178
Robin Bisel, LSW, Director of Social Services	651-460-1155
Joy Lauterbach, Activities Director	651-460-1166
Joni Quam, Director of Nutrition Services	651-460-1151
Marsha Montigne, Director of Senior Housing	651-460-1104
Sue Holmquist, Director of Therapy Services	651-460-1173
Matt Pomroy, Director of Human Resources	651-460-1304
John Hofacker, Director of Eng/Hskpy/Ldry	651-460-1152
Care Center Main	651-463-7818

