

Farmington Health Services
Social Accountability Statement - 2010

Trinity Care Center (TCC) has been a vital partner of the Farmington community since the skilled nursing facility was opened in 1968. Originally, as part of a hospital corporation, it has been blessed by having a large contingent of volunteers from the community who have provided support and encouragement. Farmington Health Services, the corporation that operates both Trinity Care Center and Trinity Terrace, has a symbiotic relationship with the community, accepting the support of the community, while returning many services back to the community, which helps make Farmington a better place to live. Volunteers and visitors are able to participate in the many recreational and social activities within FHS which helps us keep the residents and tenants integrated in the many community activities.

Our Mission: We are committed to express *Christ's* message of love and hope by providing for health, residential, community, and allied services in a holistic, competent, and caring manner that recognizes the value and dignity in every human life.

St. Francis Health Services owns and operates Farmington Health Services, which does business as Trinity Care Center, and is sponsored by the Catholic Diocese of St. Cloud. We are dedicated to promoting the Ethical and Religious Directive for Catholic Health Care services.

<i>Core Values:</i>	
<i>Integrity</i>	We faithfully adhere to high principles and professional standards.
<i>Commitment</i>	We dedicate ourselves to those we serve.
<i>Respect</i>	We value and treat each individual with compassion and dignity.
<i>Excellence</i>	We have the passion to do our best.
<i>Service</i>	We deliver what has not been done, before it is expected.
<i>Stewardship</i>	We wisely employ the talents, resources, and relationships entrusted to us.

Promoting Economic Development

TCC seeks to purchase locally whenever possible. Any time repairs or supplies are needed that local contractors or providers are able to supply, we make certain they are offered the opportunity to submit bids. This past year \$160,000.00 was spent locally. Following is a list of area businesses TCC has purchased services or products:

- Econofoods
- Farmington Printing
- Pellicci Ace Hardware
- Eagles Club
- Farmington Greenhouse
- Empire Flooring
- Gerster's Jewelry
- Farmington Independent
- Fountain Valley Golf Club
- Heikkela Studios
- Pizza Man
- Peterson Auto Shop
- Subway
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- Peerless Products
- Farmington Bakery

- The Long Branch
- New Moon Buffet
- La Tequilla
- Kwik Trip
- Always Handy-
Handyman Services
- Godfrey Signs
- American Legion
- B & B Pizza
- Switzer's Nursery
- South Cedar
Greenhouse
- Welcome Friends Gift
Shop
- Dairy Queen
- Hedlund Irrigation
- Vinge Tile and Stone
- Peine Plumbing &
Heating
- Helm Electric
- Crest Exteriors
- Culligans Water
Northfield

Additionally we refer many outpatient clients and families to local businesses.

- Corner Medical, Apple Valley
- Hanger Prosthetics & Orthotics, Burnsville
- River Valley Home Care, Farmington
- Darts, Apple Valley

TCC employs over 120 individuals from the local area. 88 (70%) are Farmington/Lakeville/Rosemount residents.

Each year, TCC pays approximately \$2.5 million in wages and benefits to our staff of which over 70% (\$1,750,000) stays in the Farmington area.

This past year TCC paid property taxes to local government in the amount of \$202,157.

TCC hosts our annual Trinity Golf Classic in June which raises approximately \$15,000 for the benefit of our residents. In addition to this, it is an opportunity for local business owners to network and market their business. We receive the support of many local citizens, volunteers and businesses. We purchase many of the gifts, prizes and supplies from local businesses:

- Reisingers Meats
- Fountain Valley Golf Club

Providing Quality Care and Services for Older Adults

Trinity's capacity is 65 beds. In 2010 we provided direct care to approximately 130 different residents admitting 65 individuals from the surrounding communities. Many came specifically to receive rehabilitative services to regain their strength and independence. Over half of those clients were able to return to their previous residence. One quarter of the admissions became permanent residents of the care center. Approximately 42% of our admissions came from Farmington, 34% from the Rosemount, Lakeville and Apple Valley communities and the balance from beyond our immediate area.

On a given year, our Trinity Care Center and our therapy partner, Big Stone Therapies provide physical, occupational and speech therapy services to over 40 community members on an outpatient basis. We are able to provide therapies for:

- Orthopedic Injuries

- Back and Neck Injuries
- Sports Related Injuries
- Amputations
- Spinal Dysfunction
- Chronic Pain
- Stroke
- Hip Fractures
- Speech Disorders
- Swallowing Disorders
- Post-Surgical Conditions
- Neurological Disorders

Trinity has a solid, reputable activity program that is warmly open to the public. Our extensive volunteer group is part of this wonderful program.

- Weekly Bingo (at least 2x)
- Brain Aerobics (Trivia, higher education, creative writing)
- Reminisce, Memory Lane
- Sing-a-longs
- Daily Exercise
- Intergenerational Happy Hour
- Weekly Music Programs
- Weekly Baking/Cooking
- Monthly “hired” bands, magicians
- Indoor Outings
- Outings to the Casino, the County Fair, Local Farms, Restaurants, Shopping trips and much more!

Recognizing Spiritual Needs and Individuality

Upon admission, residents are assessed for their spiritual needs. Our job & mission is to accommodate these needs. Chaplain Bob Brand is at Trinity two days a week as well, visiting with residents and leading non-denominational services. Our Care Center is visited and supported loyally by many members of the community churches, as follows:

- St. Michaels
- All Saints
- Christian Life
- Community of Hope
- Lord of Life
- Bethlehem Lutheran
- Trinity EFC
- St. Johns
- Church of Jesus Christ Latter Day Saints
- Church of the Advent

We also offer spiritual activities most every day of the week. They include, but are not limited to the following:

- Mass/Rosary
- 1-1 Rosary visits 4x/week
- 1-1 visits with Pastor Bob 2x/week
- Pastor Bob's Bible Study
- Bible Study & Devotions
- Hymn Sing & Hymn Singers
- Christian Musicals & sing-a-longs led by volunteers
- Church every Sunday

Providing Access to Educational Opportunities

On average, TCC awards up to \$15,000 in scholarships to employees to further their education at the local colleges. In past years, scholarships have been given for those obtaining Licensed Practical Nursing and Registered Nursing degrees. Scholarships can be used to pay the cost of tuition and books for our employees. Individuals who acquire their CNA certificates are eligible for full reimbursement including tuition and cost of books.

Trinity Care Center encourages employees and others community youth to consider careers in aging services. TCC also assists the local colleges with on-site training programs. Several classes of Certified Nursing Assistant (CNA) and Licensed Practical Nurses (LPN's) do onsite training throughout the year. This is hands-on training with the residents we serve.

Employees of TCC have the opportunity to attend multi-session leadership training that is sponsored by the parent corporation, St. Francis Health Services of Morris, MN. The World Class Leadership program facilitates this education and the training is offered on a yearly basis, with three employees graduating from the course in 2007.

TCC works with the Farmington School District to provide opportunities for students to experience long term care. For many youth, this is their first opportunity to experience life in a long term care community. This positive experience often changes their attitudes toward "old people".

Helping Community Members in Need

Trinity Care Center has a solid foundation in Farmington that supports its community. Over the past year, Trinity has given to the following organizations:

- The Farmington Rotary
- The Senior Christmas Luncheon
- Farmington Food Shelf

Trinity Care Center encourages integration of services between our care center and the community at large. Developmentally disabled students are welcomed into our home to allow them the opportunity to become comfortable around seniors and non-controlled environments. This experience also permits our residents and staff to develop an understanding of the difficulties these young people have in normal activities of daily living. These shared experiences develop compassion and empathy in our residents and staff.

Serving as Active Community Members

TCC employees are active members of their community, participating in area churches, school events and fraternal and social groups.

Volunteerism

Each and every year, countless volunteers donate endless hours to our residents here at Trinity. These priceless volunteers assist with activities, special events, outings, projects and 1-1 interaction with the residents. In a typical year we amass over 4000 hours of volunteer support. The following is a list of activities provided by our dedicated group of volunteers:

- Community Work Service
- Manicures
- Pet therapy Visits
- Rosary/Catholic Mass
- Protestant Services
- Crafts
- Women's Tea
- Special Music programs
- Church Services by numerous denominations
- 1 to one visits
- Hymnal Singers
- Happy Hour
- Active Games
- Popcorn Social
- Purple Hat Society
- Bingo-2x weekly

Volunteers are also generous participants on our fundraising projects. A special relationship exists with the Farmington Rotary Club. This group has provided financial and physical support for all the fundraising events at TCC, such as the golf tournament, Harvest party, craft and garage sales.

Trinity Care Center has attained consecutive zero deficiency surveys for the past two years. This is special achievement attesting to the excellent quality of care provide by our outstanding staff members.

For More Information

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