



TRINITY Campus Connection

Winter

2009

ADMINISTRATIVE JOTTINGS

With the state budget experiencing a significant shortfall this year, I anticipate that this will cause a significant problem for all Minnesota nursing homes. Since 2002, nursing homes have received less than inflation increases. In fact for 2 years, our rates were frozen. Likewise, without the ability to increase our revenues, we were unable to give employee raises.

This past biennium, the state had a surplus, and we were allowed minimal increases. While Social Security increased 5.6% in 2009, our staff will be getting an increase of 1.5%. What kind of world is this where we devalue those who are charged with the mission of providing compassionate and high quality service to our most frail?

I have a fear that during this next budget period, our rates will be decreased, when in fact we need an increase just to cover our fixed cost increases for food, fuel and contracted services, not to mention the dire need to give our staff fair and deserved raises.

On the one hand the Minnesota Department of Health continues to increase the regulations we need to follow to prove we provide appropriate care to our residents, while the Minnesota Department of Human Services restricts the revenues we can earn. It's interesting how they have deadlines that we are required to meet to receive our proper revenues, while they often are not able to meet deadlines set for them by the legislature. If we fail to meet ours, we lose money; if they miss the deadline, no big deal.

As a friend and supporter of Trinity Care Center, you can help us by contacting your legislator and asking them to protect our elderly by making sure that the state budget is not balanced by taking money from nursing homes.

Sincerely,

Rich Ludwig, Administrator
Farmington Health Services



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FROM THE NURSING DEPARTMENT...

Belated Congratulations

Jessica Gomez, NAR/TMA at the Care Center was one of the 8 recipients of MHHA's District G scholarships in August of 2008. She received a \$750 scholarship to use towards her ongoing nursing education. Jessica is enrolled in the BSN program at the U of MN in Rochester. Congratulations Jessica!

Perfect Attendance for 2008

Only 10% of Trinity's employees were able to achieve the Perfect Attendance Award. Each employee worked a minimum of Part Time, some Full Time and each of these employees, since the beginning of 2008, had no un-excused absences. The following employees were recognized with an award certificate at our annual awards banquet that was held on January 10, 2009.

Christina Bonella

Jessica Gomez

Sue Hounder

Amy Kamen

Tammy Komodowski

Carol Montayne

Deb Peura

Heidi Schmidt

Sherri Wisnoski

Jackie Brula

Susan Bradley



NEWS & FUN FROM ACTIVITIES

Happy New Year from the Activities Department at Trinity! Thank you to ALL of you who came in to volunteer and give of your time....We had a wonderful, blessed holiday season. We hope that you all had a great holiday, too! Some of our highlights included (I'm sure to forget a few!!) the following:

- * Gifts from the Farmington Girl Scouts
- * Gifts from Family of Christ Church
- * Gifts from MANY of you!
- * Caroling from Churches, neighborhoods, schools
- * Senior Luncheon sponsored by Rotary
- * Entertainment at Senior Luncheon from dance schools/high school choir
- * Santa Claus pictures taken by Castle Rock Bank
- * Christmas Card volunteers
- * Bingo volunteers and much, much more!

THANK YOU FARMINGTON
and OUR SURROUNDING COMMUNITIES!

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If you would like to learn about volunteer opportunities, please call Joy at 651-460-1166
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With only a couple more months of winter, fingers crossed, we will be headed out to Treasure Island monthly, as they supply the bus for travels. It's a great opportunity to get out and have a little fun. We're also excited to get over to the high school for a couple of basketball games. Some residents do not wish to step out in the cold, but others enjoy the chance to get fresh air and a change of atmosphere. Have a great winter and hope to see you all soon! Happy Valentines Day!



Valentine's Day Jokes

What do farmers give their wives on Valentine's Day?
Hogs & Kisses

What did the cavemen give his wife on Valentine's Day?
Ughs & Kisses

What did one pickle say to the other?
"You mean a great dill to me"

2008 TRINITY CAMPUS ANNUAL SERVICE AWARDS

Awards will be given at the January 10th, 2009 party

1 YEAR OF SERVICE

ABDELKHALEK, HESHAM
BECKFELD, MARICRIS
BECKFELD, NICOLE
BENNETT, TROY
BONELLA, CHRISTINA
EDBLUM, KRISTIN
ELLIS, ANDREA
FRANK, TARA
GOMEZ, JESSICA
HALL, REBECCA
JENNISON, ANNA
JOHNSON, CRYSTAL
KAMEN, AMY
LEARY, BRITTNEY
MAGNUSON, JESSICA
MCNAMARA, LORI
MONTIGNE, MARSHA
QUAM, JONI

SCHMIDT, HEIDI

SELLERS, LIZ
STEFFES, NELLY
SWENSON, TINA
VIOLETTE, YVONNE
WISE, AMBER

3 YEARS OF SERVICE

ARTWOHL, RANDY
BECKFELD, TRACY
BUSSIAN, TAMMY
FERCHO, PAM
HALASZ, DONNA
HENDRICKS, MARCI
HICKS, MELISSA
JOHNSON, CHRISTINA
KOMODOWSKI, TAMMY
MULVIHILL, JOSIE
POMROY, MATT
VOEGEL, KATHRYN

5 YEARS OF SERVICE

AHLMAN, LISA
CLARK, TIFFANI
DUNVIENT, CLAY
FREDRICKSON, ALICIA
GOSKENSON, BILLIE
GROVES, LOLA
HOLMQUIST, SUE
HOUNDER, SUE
KELLY JODY
LADWIG, ROCHELLE
SHEA, JULIE
TANDE, MEGAN

10 YEARS OF SERVICE

TURNER, JUANITA

15 YEARS OF SERVICE

HOFACKER, JOHN

TRINITY TERRACE UPCOMING EVENTS:

Call 651-460-1104 for more info.

Saturday, February 14

"Champagne & Chocolates"

2:00-3:30 p.m.

Tours of the Terrace available

Tuesday, March 24

"Jump Into Spring"

2:00-3:00 p.m.

Refreshments

Tour of new exercise room

Tuesday, April 14 & Tuesday, April 28

"Muffins in the Morning"

9:00-10:00 a.m. both days

The Glory of Love

By Billy Hill

You've got to give a little, take a little,
And let your poor heart break a little,
That's the story of, that's the glory of love.

You've got to laugh a little, cry a little,
Before the clouds roll by a little,
That's the story of, that's the glory of love.

As long as there's the two of us
We've got the world and its charms,
And when the world is through with us
We've got each other's arms.

You've got to win a little, lose a little,
And always have the blues a little,
That's the story of, that's the glory of love....

Chocolate Marshmallow Bars (NUMMY!)

3/4 c. butter or margarine
1 1/2 c. sugar
3 eggs
1 tsp. Vanilla
1 1/3c. flour
1/2 tsp. Baking powder
1/2 tsp. Salt
3 TBLS. Baking Cocoa
1/2 c. nuts, chopped
4 cups marshmallows

- 1) In a mixing bowl, cream butter or margarine and sugar.
- 2) Add eggs and vanilla and beat until fluffy
- 3) Combine flour, baking powder, salt, and cocoa and add to creamed mixture
- 4) Stir in nuts
- 5) Spread in a greased jellyroll pan and bake at 350 for 15-18 minutes.
- 6) Sprinkle marshmallows evenly over mixture and return to oven for 2-3 minutes. Let cool.
- 7) Using a knife dipped in water, spread the melted marshmallows evenly over cake and let cool.
- 8) To make the topping, combine chocolate chips, butter and peanut butter in a small saucepan. Cook over low heat stirring constantly until melted and blended. Remove from heat and stir in cereal. Spread topping over bars.

Trinity Campus Contacts

Richard Ludwig, Administrator
Kim Holland, Director of Nursing
Robin Bisel, LSW, Director of Social Services
Joy Lauterbach, Activities Director
Joni Quam, Director of Nutrition Services
Marsha Montigne, Director of Senior Housing
Sue Holmquist, Director of Therapy Services
Matt Pomroy, Director of Human Resources
John Hofacker, Director of Eng/Hskpy/Ldry
Care Center Main

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651-460-1178
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